

Menlo Yearly Health/Physical Education Plan

August	<ul style="list-style-type: none"> • Introduction to rituals and routines • School Bus Safety Slideshow • Car Rider Line Safety • Cyber Bullying Awareness • Locomotor/Non-locomotor skills developed through physical activity
September	<ul style="list-style-type: none"> • 4-H Drugs and Alcohol Lesson • 5-8 Vape Lesson • Locomotor/Non-locomotor skills developed through physical activity
October	<ul style="list-style-type: none"> • K-1 Shannon Bond: Good touch, Bad Touch • Red Ribbon Week • Cross Country • Locomotor/Non-locomotor skills developed through physical activity
November	<ul style="list-style-type: none"> • Importance of Physical and Mental Health Lesson • Locomotor/Non-locomotor skills developed through physical activity
December	<ul style="list-style-type: none"> • Locomotor/Non-locomotor skills developed through physical activity
January	<ul style="list-style-type: none"> • Welcome Back to School Safety Refresher • Choosing The Best Curriculum 6-8 • Locomotor/Non-locomotor skills developed through physical activity
February	<ul style="list-style-type: none"> • FitnessGram • Locomotor/Non-locomotor skills developed through physical activity
March	<ul style="list-style-type: none"> • Locomotor/Non-locomotor skills developed through physical activity
April	<ul style="list-style-type: none"> • American Heart Association Program

	<ul style="list-style-type: none"> ● Locomotor/Non-locomotor skills developed through physical activity
May	<ul style="list-style-type: none"> ● Field Day ● Locomotor/Non-locomotor skills developed through physical activity